# WELLNESS PROGRAM/INITIATIVE OF THE YEAR

### **AWARD SUMMARY**

This award honours a business or individual that has implemented a successful wellness program or initiative, promoting the mental, physical, and financial well-being of employees or clients. The program will have demonstrated measurable positive impacts, innovative approaches, and a commitment to fostering a supportive and healthy environment.

#### **ELIGIBILITY**

This award is open to any business or individual within the financial industry in Australia that has implemented wellness initiatives during the 2024 calendar year. Candidates can self-nominate or be nominated by others.

## **ASSESSMENT CRITERIA**

Submissions will be evaluated based on responses to the following criteria, with a maximum of 300 words per criteria:

- Achievements in Wellness Promotion: Outline your achievements in promoting health and well-being over the past 12 months. Provide specific examples of initiatives, events, or activities that have made a positive impact.
- Innovation and Leadership: Describe how you have demonstrated innovation, initiative, and leadership in urging greater wellness among your peers and the wider community. Highlight any unique or creative approaches used in your wellness program.
- Overcoming Challenges: Explain the challenges you have faced in being a wellness advocate over the past 12 months and how you have successfully mitigated these challenges to enhance wellness across the industry.
- Measurable Impacts: Provide evidence of the measurable positive impacts of your wellness program. Include metrics, testimonials, or case studies that demonstrate the success and effectiveness of your initiative.
- Commitment to a Healthy Environment: Illustrate your commitment to fostering a supportive and healthy environment for employees or clients. Highlight ongoing efforts and future plans to maintain and enhance wellness within your business or the industry.

## SUPPORTING DOCUMENTS

Please provide the following supporting documents:

Metrics for the following periods: 1/1/2023 – 31/12/2023 and 1/1/2024 – 31/12/2024, including:

- Number of participants in wellness initiatives
- Feedback from participants
- Improvements in health and well-being metrics

Candidates are encouraged to provide specific examples, metrics, and supporting documentation where applicable including testimonials or endorsements from participants, clients, or community organisations